BRIARGATE TAEKWONDO

"RISE TO YOUR DREAMS"

5563 Powers Center Point
Colorado Springs, CO 80920
(719) 495 - 0909
www.SpringsTaekwondo.com

Effective Monday, August 3rd, 2026

CLASSES	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BASIC/RISE CLUB - All Ages	10:00 - 10:45 AM	10:00 - 10:45 AM	10:00 - 10:45 AM	10:00 - 10:45 AM	10:00 - 10:45 AM
KIDS BASIC/RISE CLUB - (12 and Under)	11:00 - 11:30 AM	11:00 - 11:30 AM	11:00 - 11:30 AM	11:00 - 11:30 AM	11:00 - 11:30 AM
KIDS BASIC/RISE CLUB - (12 and Under)	11:30 - 12:00 PM	11:30 - 12:00 PM	11:30 - 12:00 PM	11:30 - 12:00 PM	11:30 - 12:00 PM
KIDS BASIC COURSE - (12 and Under)	4:00 - 4:30 PM	4:00 - 4:30 PM	4:00 - 4:30 PM	4:00 - 4:30 PM	4:00 - 4:30 PM
KIDS RISE CLUB - (12 and Under)	4:00 - 4:30 PM	4:00 - 4:30 PM	4:00 - 4:30 PM	4:00 - 4:30 PM	4:00 - 4:30 PM
KIDS BASIC COURSE - (12 and Under)	4:30 - 5:00 PM	4:30 - 5:00 PM	4:30 - 5:00 PM	4:30 - 5:00 PM	4:30 - 5:00 PM
KIDS RISE CLUB - (12 and Under)	4:30 - 5:00 PM	4:30 - 5:00 PM	4:30 - 5:00 PM	4:30 - 5:00 PM	4:30 - 5:00 PM
BASIC COURSE - ALL AGES	6:30 - 7:15 PM	5:45 - 6:30 PM	5:00 - 5:45 PM	5:45 - 6:30 PM	5:45 - 6:30 PM
RISE CLUB LOW - YELLOW-BLUE - ALL AGES	6:30 - 7:15 PM	5:45 - 6:30 PM	5:00 - 5:45 PM	5:45 - 6:30 PM	5:45 - 6:30 PM
RISE CLUB HIGH - BROWN-BO DAN - ALL AGES	5:45 - 6:30 PM	5:00 - 5:45 PM	5:45 - 6:30 PM	6:30 - 7:15 PM	5:00 - 5:45 PM
LEADERSHIP - ALL AGES	5:45 - 6:30 PM	6:30 - 7:15 PM	5:45 - 6:30 PM	6:30 - 7:15 PM	5:00 - 5:45 PM
BLACK BELT CLASS - ALL AGES	-----	6:30 - 7:15 PM	5:45 - 6:30 PM	-----	-----
SPARRING CLASS - ALL AGES	5:00 - 5:45 PM	-----	-----	5:00 - 5:45 PM	6:30 - 7:15 PM
POOMSAE CLASS - ALL AGES	-----	-----	-----	-----	6:30 - 7:15 PM
DEMO TEAM CLASS	-----	-----	6:30 - 7:15 PM	-----	-----

****Students are expected to arrive 10 minutes before the start of class****

1. Place personal items such as jackets on coat rack, socks and shoes in a cubby.
2. Please bring your own water bottle to class.
3. Students may warm-up if classroom is empty. No horseplay or climbing equipment.
4. Please remember to be quiet and courteous before and after your class.

Briargate Taekwondo, Inc. (Rev. 7/11/2025)